

## BACKGROUND:

Home Care department is a component of Kitovu Mobile AIDS Organisation established in 1987 with the main purpose of alleviating suffering among the HIV/AIDS affected individuals.

HBC program is currently operates in 4 districts i.e. Masaka, Rakai, Sembabule and Lyantonde. There are 121 centres spread in 4 districts where patients are seen on a fortnight basis. The HBC team consist of 20 nurse/counselors and one medical doctor. At the grassroots the team work with approximately 750 Community Workers who mobilize and sensitise clients to join the program.

## Vision

To see empowered community with the ability to cope with HIV/AIDS and its impacts.,

## Mission

To improve the quality of life of people affected by HIV/AIDS through working with the communities in the areas of preventions, care support and mitigation plus capacity building thus fulfilling the words of Jesus "I have come that they may have life, life in its fullness (John 10:10)

## Goal

Alleviate the effects of HIV/AIDS and improve the quality of life of the affected communities.

## Objective

Improved coping mechanisms of people infected and affected by HIV/AIDS.

## Out put

- ◆Improved quality of life of PLWHS
- ◆Strengthened capacity of targeted groups to control the spread of HIV/AIDS.
- ◆Enhance organizational and community capacity to effectively respond to the AIDS epidemic.
- ◆4100 PLWHAS receive medical care
- ◆1200 AIDS clients and 5000 caregivers counselled annually.
- ◆400 AIDS and Cancer patients receive palliative care
- ◆50% of the clients are home visited
- ◆200 clients receive TB treatment
- ◆700 clients receive ARVS and home visit
- ◆20 Self Help Groups are formed per annum
- ◆4100 80% of all needy clients receive material support

## Target groups

- ◆People affected and infected by HIV/AIDS
- ◆Cancer patients
- ◆TB patients
- ◆Community volunteers
- ◆Women, men, girls and boys, Religious leaders

## Home Care activities

- ◆Provision of health education/related topics, counselling and medical treatment
- ◆Provision of palliative care to AIDS / cancer patients
- ◆TB identification, treatment and follow up
- ◆Identify eligible clients for ART and follow up
- ◆Home visits and provision of social and material support to the need
- ◆Formation and facilitation and monitoring of Self Help Groups.
- ◆Education on HIV/AIDS awareness and behaviour change
- ◆Support groups of EFL among OVCs benefiting from HBC programme
- ◆Open days functions for PLWHA is done every year to foster interaction between nurses, Community Workers and clients.
- ◆Training of Community Workers in BHC management. Three day residential workshops conducted in 3 phases at interval of 3 months.

1 day follow up is done for review and certificates are awarded. A refresher course is conducted to enable community workers update their knowledge and even address emerging issues.

## Topics covered:

- Basics facts about HIV/AIDS
- Attitude behavior change
- Family planning
- Herbal medicine
- Palliative care
- Care of patients at home

- Will making among others
- Gender

Monthly Community Workers meetings held in respective communities. Each nurse is assigned a Parish and attends to it twice annually. This helps nurses to get feedbacks p—to their work, discuss and share problematic issues and give support supervision among others.

Facilitate gender issues among the target groups. This is done through gender awareness session to AIDS clients and their care givers, local and religious leaders. The youth looking at gender roles and how they impact on women and men, roles and responsibilities of men and women, girls and boys in IV/AID care and prevention.

This helps in empowering of women in decision making together with men. Refresher courses to trained groups plus training of trainers to facilitate women and family and community level is emphasized

#### Topics covered

- Sexual exploitation and negotiation of safer sex
- Social and cultural practices and their impact on women and girls
- Importance of women participation and empowerment in decision making together with men.

#### Achievements

› There is a remarkable improvement in the living conditions among the targeted beneficiaries/ communities

›720 clients are receiving ARVS and have had their lives prolonged.

›More than 80% of the clients on ARVS have a good clinical progress, and have shown treatment adherence.

›288 clients received palliative care they had the pain relieved.

› Through Self Help Groups, poor clients have learnt a cultural of saving which has enabled them meet some of their basic needs.

›HBC team developed user friendly information, education and communication materials which enabled Community Workers easily carry out health education.

›Food supplements were given to needy clients which helped to ensure food security and improve drug adherence.

›Community Workers who received refresher courses were able to apply the learned skills in their day to day activities.

›As an alternative to supplement western medicines, nurse counselors widely used herbal medicines to relive several complaints.

›Through Gender awareness raising seminars, communities



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### **KITOVU MOBILE AIDS ORGANISATION**

**(Kitovu Mobile)**

*Masaka, Ssembabule, Rakai and  
Lyantonde Districts  
Uganda*

**ORPHANS AND FAMILY  
SUPPORT PROGRAMME**