

HOW TO AVAIL OF KITOVU MOBILE PALLIATIVE CARE SERVICES

Patients from anywhere in the Districts of Masaka, Rakai, Sembabule and Lyantonde can be referred to Kitovu Mobile for Palliative Care. Anyone can refer: Doctors, Nurses, family members, friends. Either phone the numbers given on this brochure or come to our office on week-days between 9am and 4pm. Arrangements will be made to see the patient and assess the situation and initiate treatment as soon as possible. If patients are already in hospital, it is much easier for us to see the patient initially in hospital before they are discharged.

Palliative Care is also available for patients in Masaka Regional Referral Hospital, Kitovu Hospital, Kalisizo Hospital, and Rakai Hospital. On discharge patients can be followed up at home by Kitovu Home Care if referred.



KITOVU MOBILE HOME CARE
PROGRAMME

Plot 4 Delhi Rd.
"Soweto"
P.O. Box 413

Phone: 0772-894980 (English only)
0772-445315 (English & Luganda)
0782-320438 (English and Luganda)

KITOVU MOBILE HOME CARE PROGRAMME

Plot 4 Delhi Road
"Soweto"
Masaka

PALLIATIVE CARE SERVICES



Dr. Carla Simmons
Nurse Rose Nabatanzi
Nurse Resty Nakanwagi

WHAT IS PALLIATIVE CARE

Palliative Care is an approach that improves the quality of life of patients and their families facing the problems associated with life threatening illness; through the prevention and relief of suffering by means of early identification, impeccable assessment and treatment of :

- ♦ Pain
- ♦ Physical Problems
- ♦ Psychosocial problems
- ♦ Spiritual problems

WHO NEEDS PALLIATIVE CARE

Men, women or children suffering from life threatening illnesses can benefit from Palliative Care. In particular, those suffering from AIDS and/or Cancer.

Patients with these conditions often have severe pain, both physical pain and psychospiritual pain.

Although their illness cannot be cured, there is much we can do to alleviate their pain, make them comfortable and allow them to live their last days in comfort and dignity.

This is also a tremendous help for their family members and caregivers who suffer themselves in seeing their loved ones suffering.

HOW DO WE CARE

Kitovu Mobile Palliative Care cares for patients in their homes. We use oral medications including Morphine liquid to control pain and other medications to control other symptoms.

Our staff is specially trained in counseling and we spend time with patients and family members helping them to understand their illness and to learn to cope with their situation.

Many patients in the final stages of illness go from one hospital to another, to traditional healers and to faith healers to no avail. Family resources are used up and in the end the patient is no better off. We try to avoid this situation by establishing a supportive relationship with the patient and the family early in the patients illness.